

Summer Viral Reading Program

We tried 6 more weeks of reading and then the Coronavirus caught us. So, since we all have a little more time on our hands, we thought we'd try this Library Reading, Etc. Program - we'll see if it goes viral.

you are not alone

find a reference from a book or movie where a character reminds another of this truth

what is your 20 second - wash your hands ritual? is it a song, a meditation, an actual timer or something else? tell us so we can try it too

try a new online resource from the Library - tell us what you tried, what you learned or what you thought about the experience

write a note on a piece of paper and send it to a friend or family member...tell us how long it took you to find a stamp

use a toilet paper calculator and report how long your supply should last your household

read a book by a new to you author - need a suggestion? check out fantasticfiction.com or call the Library for some suggestions

take a break from the news - tell us a joke or share your favorite poem of all time

tell us what you tried during this time of social distancing & staying home that you have never done, or not done in more than 2 years

take a walk, ride your bike, or do something else fun outside - how many people did you wave to or greet?

Your physical health is closely tied to your stress and mental health. The CDC has some recommendations about staying sane during this - and any - crisis. Staying connected, being active, and limiting time watching the news and being on social media. We hope this reading program will help you find new ways to reduce stress during this crisis.

Elizabethtown Public Library

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